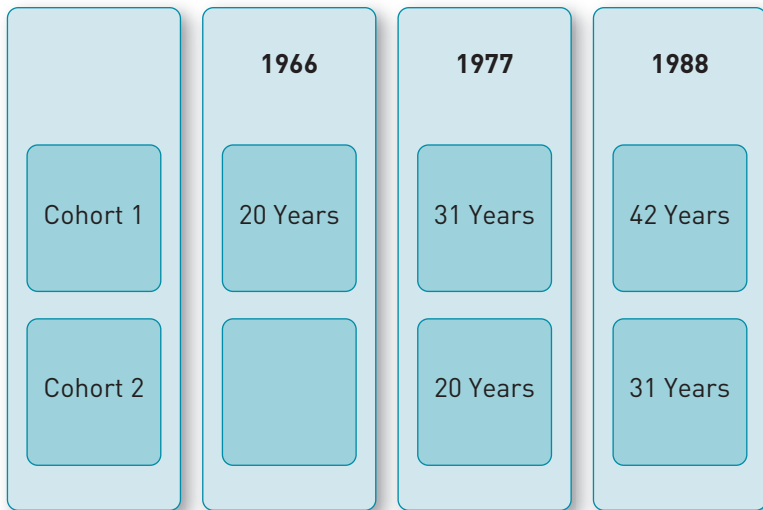


FIGURE 8.6 Longitudinal and Cross-Sectional Aspects of Van Manen and Whitbourne's (1997) Design



Source: Based on data from Van Manen, K., & Whitbourne, S. (1997). Psychosocial development and life experiences in adulthood: A 22-year sequential study. *Psychology and Aging*, 12, 239–246.